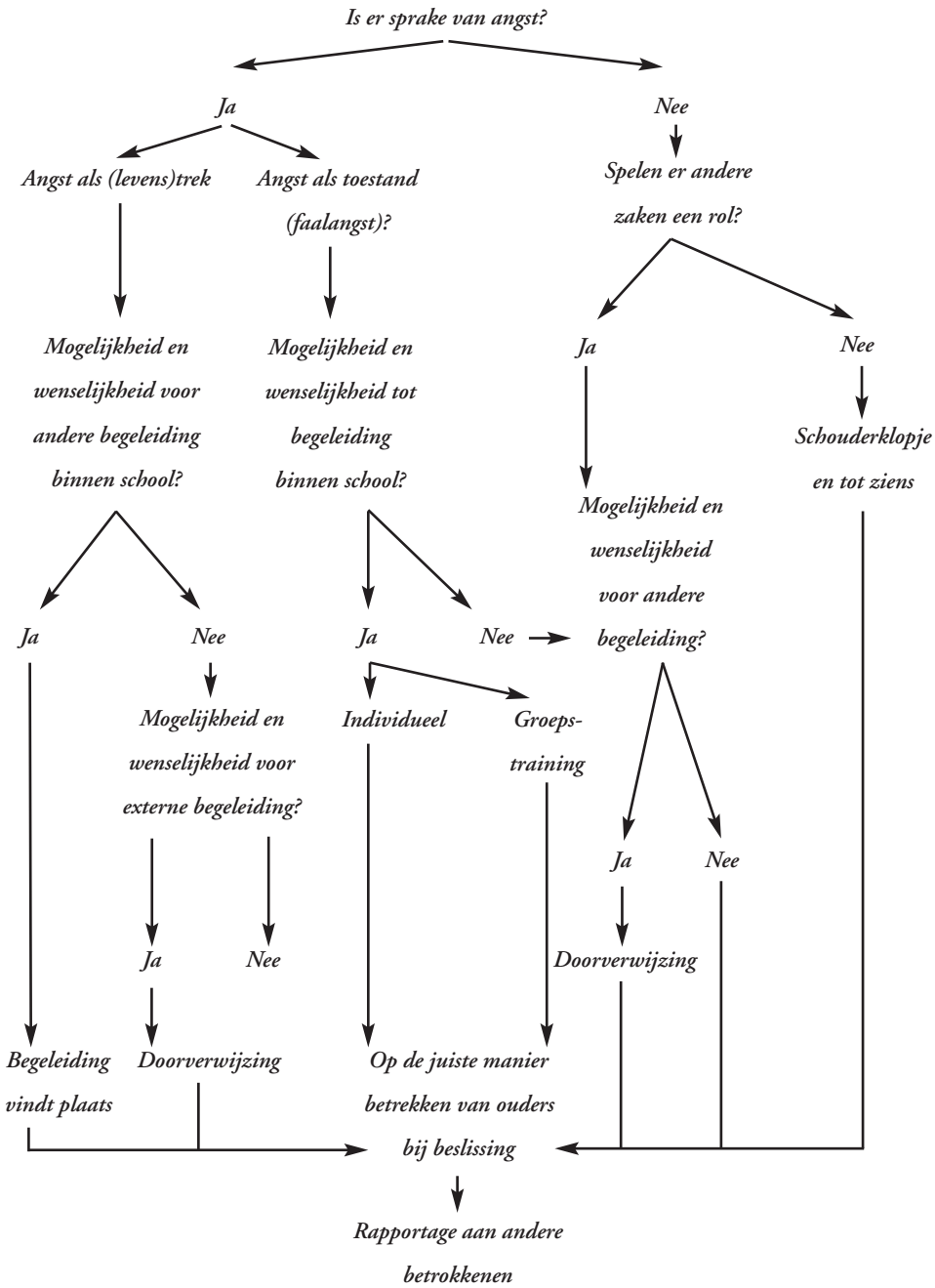Besluitvorming rond faalangsttraining